

Download Addiction And Change How Addictions Develop And Addicted People Recover

This item: *Addiction and Change, Second Edition: How Addictions Develop and Addicted People Recover* by Carlo C. DiClemente Paperback \$35.05 In Stock. Ships from and sold by Amazon.com. The stages are usually used when someone is changing towards sobriety, but the neat thing is he applies it towards people changing toward addiction as well. A problem is we all appear to be in the precontemplative stage of change for various addictions (like heroin, overeating) as there do not appear clear criteria to separate these folks from those that are not in the stages of change at all. Excerpt. Increasingly, then, the major responsibility for managing addictive behaviors and addicted individuals is given to the police, the courts, and the legal system. At the same time, there are a number of illness-oriented policymakers who see addictions as social epidemics or chronic medical or psychological conditions. In this book he goes a step further and describes the way in which addictions also develop on a reverse of the path to recovery, again using the model of behavioural change. He is very critical of any suggestion that addiction is an all or nothing phenomenon appearing suddenly in the course of an individual's substance misuse, preferring to view it as a process.