

Download The Honey Prescription The Amazing Power Of Honey As Medicine

8 Health Benefits of Raw Honey 1. Healthy Weight Management. Research studies have linked honey consumption with weight loss. A San Diego State University study found that replacing sugar with honey can actually help prevent packing on extra pounds and also lower blood sugar. Honey is a sweet, viscous food substance produced by bees and some related insects. Bees produce honey from the sugary secretions of plants (floral nectar) or from secretions of other insects (such as honeydew), by regurgitation, enzymatic activity, and water evaporation. Bees store honey in wax structures called a honeycomb. The variety of honey produced by honey bees (the genus *Apis*) is the ... We, the human, have blessed with more than 300 varieties of honey so far. We all know that honey contains many essential nutrients, enzymes, and important antibacterial properties and thus it plays a substantial role in our life. As of today, many scientific studies have been conducted to let us know the inherent benefits of with [...] BEE POLLEN, HONEY AND VINEGAR. Barbara J. Andrews, Master Breeder, TheDogPlace.org Publisher. Honey for burns, bee pollen for allergies, propolis for immunity, apple cider vinegar for cystitis and itching, raspberry tea leaves for whelping, goats milk for diarrhea, bleach for burns, and a whole lot more.... Most dog owners and breeders become aware of effective “remedies” because of our dogs.