

Download Toxic Emotions At Work And What You Can Do About Them

Toxic Emotions at Work and What You Can Do About Them [Peter J. Frost] on Amazon.com. *FREE* shipping on qualifying offers. Based on extensive research and rich examples, Frost makes a business case for why emotions matter in the workplace and the tangible price organizations pay for ignoring them. Toxic Emotions at Work and What You Can Do About Them. A world run on human capital requires human responses to the often harsh realities of business--and most leaders are shirking this vital responsibility. Consequently, self-appointed pain managers--"toxin handlers"--are currently shouldering the burden of emotional pain for entire organizations. Get this from a library! Toxic emotions at work and what you can do about them. [Peter J Frost] -- Emotional pain in organizations -- Sources of toxicity in organizations -- The work of the toxin handler -- The toll on toxin handlers -- Healing the handlers -- At the interface : what handlers and ...Toxic emotions at work and what you can do about them. According to Frost, when ignored, toxic emotions betray employees' hopes, bruise their egos, reduce their enthusiasm for work, and diminish their sense of connectedness to their company's community and goals. Compassionate responses to pain, on the other hand,...