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Background Generalized anxiety disorder (GAD) is one of the most common mental disorders; however, there is no brief clinical measure for assessing GAD. The objective of this study was to develop a brief self-report scale to identify probable cases of GAD and evaluate its reliability and validity. In 2001, the highly respected Annals of Internal Medicine began publishing a long series of invited papers to inform physicians about "complementary and alternative medicine" ("CAM") The series editor is David Eisenberg, M.D., whose current professional career depends upon his ability to promote interest in "CAM" methods.